



Amara

When it's right, it just clicks

Congratulations on your new Amara full face mask

At Philips Respironics, we're dedicated to creating masks that offer you a choice to experience your maximum level of comfort, performance and style. That's why we created the Amara full face mask with a choice of gel and silicone cushions. Amara features our one-click design that makes it simple to use.

The first thing you'll notice is a minimalist design that looks and feels smaller, lighter, and less intimidating...because it is. In fact, Amara is smaller and lighter than leading traditional full face masks. It's lighter weight, and has 60 percent fewer parts than the leading full face mask helping to make Amara easy to use, easy to maintain, and easy to live with.



Choose your perfect fit

Amara's gel and silicone cushions are available in four interchangeable sizes to find your most comfortable fit. The cushions are proven to fit 95 percent of patients' faces:

Petite

Small

Medium

Large



Amara with gel cushion

- Conforms to the contours of the face, providing an exceptional seal and comfort

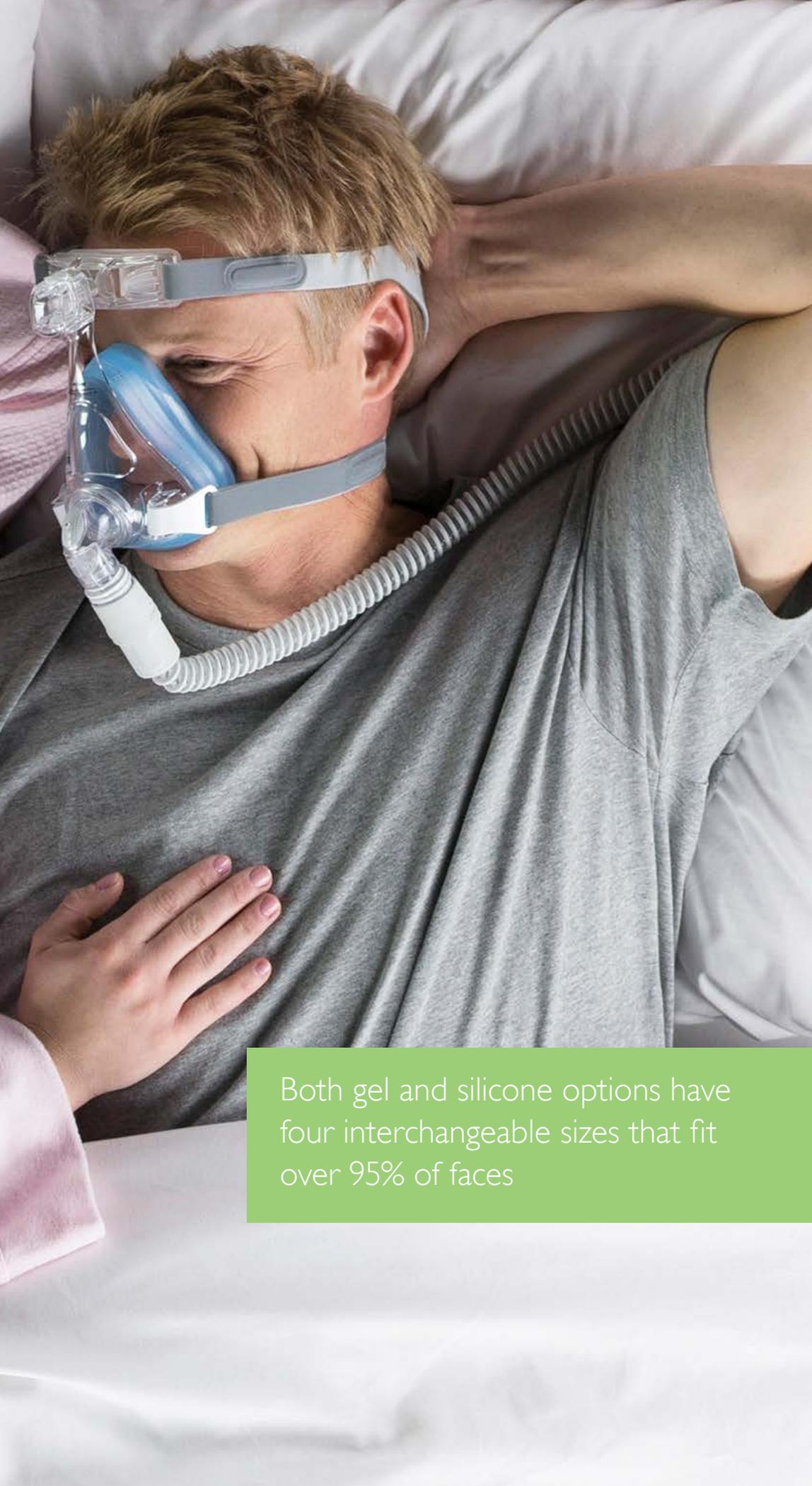


Amara with silicone cushion

- Attractive option if you prefer the look and feel of clear silicone

Both gel and silicone cushions can tolerate all approved disinfection options. Please see the Disinfection Guide for Professional Use Only for a list of all approved cleaning and disinfection options.





Both gel and silicone options have four interchangeable sizes that fit over 95% of faces

Amara fitting guide (gel and silicone cushions)

Achieving the right fit with Amara is easy, just follow the instructions below. You can also watch the instructional videos referenced in this guide.

1  Before putting on the mask, grip the headgear clips and twist away from the frame to disconnect.

Important! Wash your face. Do not use moisturizer or lotion on your hands or face.

2  Pull the mask over your head and hold the mask against your face.

Note: You may need to loosen the headgear to a larger setting.

3  Holding the mask in place, reconnect the headgear clips by pushing them back onto the frame.

Note: The headgear should lie flat against the back of your head.

4  Pull back the tabs to evenly adjust the top and bottom straps. The forehead pad should touch gently.

Important! Do not over-tighten. The headgear should fit loosely and comfortably.

5  If needed, press and hold the forehead adjustor button to increase or decrease the pressure on your nose and chin.

6  Assume different sleeping positions and move around until comfortable. Use bottom headgear straps to reduce leaks at the sides of your mouth.

Note: Some air leaking is normal. Make final adjustments while lying down.

We encourage you to try other cushion sizes to find one that allows you to breathe easily and has the most comfortable fit. A smaller headgear is also available by request. Contact your homecare provider to request a different size cushion or headgear.



Additional resources

We're dedicated to ensuring that you're satisfied and have all of your questions about your Amara mask answered. Here are some additional resources for you to explore:

Videos on the Web

Amara Gel Introduction

<http://youtu.be/0hEYZr5uMdY>

Fixing Amara Gel Mask Leaks

<http://youtu.be/m3zVKEIDXBg>

Amara Gel Cleaning Instructions

<http://youtu.be/pgx032iF3gM>

Call us

Patient Management Center

1-866-820-3548



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and Breathing

Philips Respironics is working in harmony with you and your care team to produce solutions that can lead to healthier lives.

Philips Respironics Amara masks are available by prescription only. As with any mask or interface, users may experience certain types of discomfort or irritation. Talk to your doctor to determine if it is right for you. Be sure to ask your homecare provider for more information about Amara.

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